

Docket No. 862.1453**ABSTRACT OF DISCLOSURE**

In a disk-shaped optical recording medium, in the program region and lead-out region, at least one of the track pitch and linear speed is slower than in the PCA region and PMA region. Because the track pitch and linear speed in the PCA region, PMA region and lead-in region are standard, the lead-in start radius, program start radius, and time from the lead-in start to the program region can be kept within the standard. On the other hand, in the program region, because at least one of the track pitch and linear speed is slower than in the standard case, the recording capacity of the program region can be increased. Accordingly, the optical recording medium can be utilized on standard drives without violating the standards imposed on the disk, and the recording capacity can be increased.